

Team Building

Overview

Working as part of a team is crucial to the success of any organisation. This course focuses on how to build a successful team, and equips the delegate with essential leadership techniques and strategies for getting the most out of their team.

Target Group

This course is aimed at managers, senior staff and team leaders wishing to build a successful team, improve team performance and develop team spirit.

Objectives

By the end of this course delegates will be able to;

- Explore different styles of leadership
- Identify the strengths and limitations of a team
- Successfully diagnose team issues
- Effectively communicate within a team
- Learn how to build a successful team.

Course Content

Below is an overview of the topics that can be covered. (Please note that if this course is delivered on an in-house basis, the content can be tailored to meet your specific requirements and address any issues you may have.)

- The differences between a team and a group.
- Clarifying roles and responsibilities
- How different teams and personalities need to be managed differently
- The characteristics of a successful team
- Different styles of leadership
- Setting achievable individual and team objectives.
- Sharing a common vision
- Gaining and maintaining trust and respect
- Understanding the motivation, needs and value systems of different people
- The power of motivation to achieve team results
- Key influences in team behaviour
- How to help team members to identify their own strengths and limitations
- Using coaching to develop skills within a team
- The art of delegation
- Implementing techniques to recognise and combat stress
- Recognising resistance
- Coping with conflict in team situations
- Being aware of the ways in which teams can behave dangerously.
- Feedback and criticism
- Maintaining team spirit and enthusiasm
- Methods of evaluating progress

Outcomes

Each delegate will receive individual feedback and will be asked to complete a personal action plan to identify key changes to implement and skills to practice.